

Mental Health Offices

Suicide Crisis Hotline - Text 988

The National Suicide Prevention Lifeline is a network of local crisis centers that are available 24/7 to provide support for youth and adults who are in an emotional crisis.

800-273-8255

Hey Sam - Text Text: 439-726

Hey Sam is a dedicated peer-to-peer texting service for people up to 24 years old.

Stony Brook Counseling

2 Courthouse Lane Suite 3

Chelmsford, Ma 01824

978-275-9444

chstherapy.net/location-sbcc-chelmsford-ma/

Center for Family Development

81 Bridge Street # 215

Lowell, Ma 01852

978-459-2306

chstherapy.net/location-sbcc-chelmsford-ma/

Greater Lowell Psychiatric Assoc

73 Princeton Street # 203

N. Chelmsford, Ma 01863

978-291-8073

Greaterlowellpsychassoc.com

Andover Counseling Center

565 Turnpike Street Suite 81 (3rd floor)

N Andover, Ma 01845

978-682-1579

andovercounseling.com

Arbour Counseling Services

10 Bridge Street

Lowell, Ma 01854

978-453-5736

Arbourhealth.com

Bridgewell Counseling Service

35 Market Street 2nd floor

Lowell, Ma 01852

978-459-0389

bridgewell.org

Life Stance Health

321 Billerica Road Suite 104

Chelmsford, Ma 01824

781-646-0500

Cfpsych.org

Counseling Associates of MA & NH

14 Loon Hill Road

Dracut, Ma 01826

978-934-9444

ma-nh-psychotherapy

Chelmsford Family Counseling

73 Princeton St # 314

N. Chelmsford, Ma 01863

978-251-7806

Therapy Associates of Chelmsford

3 Courthouse Ln # 8

Chelmsford, Ma 01824

978-710-7569

Therapyassociatesofchelmsford.com

North Star Guidance Center

21 Glen Avenue

Chelmsford, Ma 01824

978-256-0667

Northstarguidancecenterinc.com

Think Counseling Services

14 Fletcher Street Suite 5

Chelmsford, Ma 01824

978-201-3377

Bournewood Hospital (partial day program)

50 Lowes Way Suite 100

Lowell, Ma 01851

978-330-7680

Trinity Care Associates

100 Merrimack St Suite 201

Lowell, Ma 01852

978-455-0756

Northeast Health Network
<https://nehs.transformationsnetwork.com/>

Assured Hope Community Health
6 Boston Road, Suite 201
Chelmsford, Ma 01824
978-677-6354
Assuredhopehealth.com

Thriveworks
<https://thriveworks.com/>

Lisa Brown (medication management)
Virtual appointments
email Adam abeauchamp@valley-mh.com
978-807-3111

Erica Goroshko MSN, PMHNP
Majestic Mental Health, PLLC.
Pelham, NH 03076
(603) 333-1627

Mental Health And Substance Use Crisis Support

- Vinfen CBHC, 40 Church Street, Lowell
- Homes, schools, and other community settings
- Tele-health
- **Services**
 - Individualized assessment and evaluation
 - Individual, family, and group therapy
 - Routine and urgent
 - Medication management
 - Substance use and recovery
 - Outpatient Addiction Program (SOAP) groups
 - Care coordination
- **How to Connect**
 - Tel: 978-674-6744
 - Email: Bhinfo@vinfen.org
 - Address: 40 Church Street, Lowell

<https://vinfen.org/services/cbhc/>
24 hour Crisis Line 866-388-2242 or 978-674-6744

Light Mental Health, LLC
Kelly Hargett, FNPP PMHNP
1385 Lakeview Ave, Dracut Ma 01826
P. 978-545-1442
F. 978-545- 1552
www.light-mh.com

Just For You Counseling
130 Main St # 204
Salem, NH 03079
978-494-0097
<https://justforyoucounseling.com/>

Agape Mental Health
265 Chelmsford Street, Suite 7
Chelmsford, Ma 01824
P. 978-364-7559
F. 978-233-9551
www.agape-mh.com

Ellie Mental Health
1 Meeting House Rd Suite 11
Chelmsford, Ma 01824
978-485-4722
EllieMA222401@EllieMentalHealth.com
elliementalhealth.com

New England ADHD Treatment Center

6 Courthouse Ln Suite 12,

Chelmsford, MA 01824

(800) 275-3207

<http://www.newenglandadhd.com/about.html>

Lowell General Bridge Clinic

33 Bartlett Street

Suite 108

Lowell, Ma 01852

978-934-8494

Updated 6/5/25 - KB